

UNM Club Sports Return to Play Process

TEAM: _____

Starting on June 15, 2021 the University will allow club sports to resume practices on campus provided the team follows the procedures outlined in the document. Guidelines are subject to change at any time and new COVID-related restrictions from UNM or the State of New Mexico will supersede the process described below. Club sports teams who fail to abide by these guidelines will lose practice privileges and may face a temporary suspension of their charter.

In order to return to play on-campus:

- 1) **CAPTAINS** must review the guidelines presented here and sign and date indicating they agree to have their teams follow these guidelines.
- 2) **CAPTAINS** must submit a COVID event approval form, and receive approval, at least 5 days before practice may start. Only one form will be needed if there are no changes and you include all summer 2021 practice dates in the comments of your request form: <http://campusexperience.unm.edu/resources/unm-event-request.html>
- 3) **TEAM** must have a confirmed facility reservation. Groups may request Johnson Field and Johnson Gym reservations here: <http://ems.unm.edu/EmsWebApp/>
- 4) **ALL PLAYERS AND COACHES** Must sign the COVID-19 Code of Conduct for Club Sports Athletes before they are allowed to participate in your team's practice or competition. Please submit the forms to the Recreational Services front office or jtodd@unm.edu.

Club Sports COVID Guidelines

COVID-19 Cases

- Clubs with positive cases should immediately suspend activities and follow UNM's self-reporting requirements (<https://www.unm.edu/coronavirus/>), notify Rec. Services (jtodd@unm.edu), and notify the New Mexico Department of Health immediately. Clubs must follow all SHAC, Rec. Services, and NM DOH instructions.
- Those who have been in contact with someone who has tested positive for COVID-19 must contact DOH at (505) 827-0006 to schedule testing or visit cv.nmhealth.org for more information.
- Athletes who have contracted COVID-19 will need to complete the required 10-day quarantine as per New Mexico Department of Health.

Spectators/Limitation on Gatherings

- The mass gathering limit for participants and spectators should not exceed 150 people.
- Spectators should properly social distance while watching practice/competition.
- If applicable, follow the sport-specific limitations for your sport. See NMAA sport guidelines for additional information on sport-specific limitations. https://www.nmact.org/file/NMAA_COVID-19_PARTICIPATION_GUIDELINES.pdf

Pre-Workout/Competition Screen

- All players must complete their daily University symptom screening before attending each practice.
- Coaches, who are not UNM employees, must complete an alternative screening form before attending each practice: <https://forms.office.com/r/5yReMiWtpA>.
- Any person who indicates they are experiencing symptoms of COVID-19 may not attend practice until they received clearance from SHAC or a physician that it safe for them to return.
- Club sports members must notify Rec. Services (jtodd@unm.edu) staff immediately if they are not feeling well following a practice.
- Any person who has been exposed to someone testing positive for COVID-19 must receive clearance from SHAC or a physician that it safe for them to return to practices.

Travel and Quarantines

- Travel out of state is not permitted at this time.

Face Coverings

- Any individual who is way not fully vaccinated against COVID-19 must wear a cloth face cover at all times including while engaged in play.
- Buffs/gaiters are not permitted to be used as face coverings. Layered cloth masks must be used instead.
- Coaches, officials, screeners and all other non-participants in attendance, shall wear cloth face coverings at all times.

Hygiene Practices

- Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
- Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.
- All athletic equipment, including balls, should be cleaned frequently during use and prior to the next workout

Hydration/Food

- All athletes must bring their own water bottle. Water bottles must not be shared. Food should not be shared. Hydration stations (water cows, water trough, water fountains, etc.) are not recommended unless they are designed to refill bottles in a contact-free manner.

Physical Activity & Athletic Equipment

- Physical distancing of 6 feet should be followed when not actively engaged in physical activity (practice/competition).
- Prohibit congregation of players during warm-up, while at rest or hydration breaks, or when entering or leaving the practice site.
- There should be no sharing of personal athletic equipment (towels, clothing, shoes, etc.) between students.
- There should be limited sharing of sport-specific equipment. If shared, equipment must be disinfected frequently.
- Athletes should wear their own appropriate workout clothing (do not share clothing). Individual clothing/towels should be washed and cleaned after every workout.
- All athletic equipment, including balls, should be cleaned frequently during use and prior to the next workout

Change in Guidelines for UNM Club Sports

- The UNM Recreational Services and Student Activities Center departments will communicate any changes to these guidelines as things change. Please follow these guidelines until instructed differently by these departments.

Team Captains Agreement

We fully understand and agree to follow all guidelines presented in this document. We also accept responsibility for ensuring our team members abide by these guidelines. We understand that if any member of our group fails to follow these guidelines our time will lose practice privilege and our charter may be suspended.

Team: _____ **Captain/President/Representative 1**

Full name (print) _____

Signature _____ Date _____

Team: _____ **Captain/President/Representative 2**

Full name (print) _____

Signature _____ Date _____

TEAM: _____

COVID-19 Code of Conduct for UNM Club Sports

I will help prevent COVID-19 infections by:

- Staying home when I feel sick.
- Staying away from people who are coughing, sneezing, or sick.
- Washing my hands thoroughly and often with soap and water, before and after training, practice, or competition, or when I use the washroom.
- Covering my coughs and sneezes with a tissue, or my elbow. If I use a tissue, I will throw it in the garbage right away and wash my hands.
- If I am not fully vaccinated, I will wear a mask or multilayer cloth face covering (no gaiters) that covers from nose to under chin at all times.
- Not sharing food, water bottles, towels, or other personal items.
- Respecting the rules of the sport I am participating in.

I will care for the health and safety of others and I understand that:

- I will be removed from participation, practice, or competition immediately if I do not follow the required COVID-Safe Practices.

I will care for my health and safety and I understand that:

- I have a commitment to preventing COVID-19 and will tell Rec. Services staff if I feel sick and will stop participating in training, practice, or competition immediately.
- If I have been exposed to an individual who has tested positive for COVID-19, I will be removed from activities and I will not be able to return to training, practice, or competition for 10 days or a medical professional's clearance.

I will take the time I need to recover because it is important for my health and I understand that:

- If I contract COVID-19, I will be removed from activities and I will not be able to return to training, practice, or competition until I have been cleared by a medical professional.

I understand that I have access to no-cost COVID-19 testing and that I am encouraged to engage in periodic COVID-19 testing while participating in sports activities.

By signing here, I acknowledge that I have reviewed and committed to this COVID-19 Code of Conduct.

Athlete's Full name (print) _____

Signature: _____ Date: _____

UNM ID Number: _____

Alternate Screening form QR

Scan this image to complete the alternate screening form for players and coaches.

